

# JANUARY 2016

## Minnesota Veterans Home– Adult Day Center



**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

### January ADC Birthdays

**Jan 1 Jack Kidder**  
**Jan 7 Maggie McGown**  
**Jan 9 Elmo Plumhoff**  
**Jan 13 Ann Rostratter**  
**Jan 24 Bob Wegleitner**



**1**

**\*\*\*CLOSED\*\*\***



**4**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Happy New Year  
     Around the World  
 11:15 Ladder Ball  
 12:00 Lunch  
 1:00 Bull's Eye Game  
**2:00 Steve Weninger Concert**  
 3:00 Afternoon Social

**5**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Crossword  
 11:15 Disc Slam  
 12:00 Lunch  
 1:00 Crafts w/ Paula  
 2:00 Pokeno  
 2:45 Afternoon Social  
 3:15 Table Games & Trivia



**6 Wheel of Fortune Day**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Wheel Of Fortune  
 11:15 Big Word Little Word  
 12:00 Lunch  
 1:00 Balloon Volleyball  
 2:00 Sing-a-long  
 2:45 Afternoon Social  
 3:15 Table Games & Trivia

**7**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
**10:00 Load for the Science Museum**  
 10:30 January IQ  
 11:00 Birdee Golf  
 1:00 Documentary  
 2:00 Bowling  
**2:45 Maggie M's Birthday Bash**

**8**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Elvis Trivia  
 11:00 Balloon Toss  
 1:00 Crafts with Paula  
 1:00 Movie & Popcorn  
 2:00 Bean Bag Toss  
**2:45 Elmo P's Birthday Bash**  
 3:15 Table Games & Trivia

**11 Super Hero Day**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Jeopardy  
 11:00 Putting Green  
 12:00 Lunch  
 1:00 Bowling  
 2:00 Conversation Ball  
 2:45 Afternoon Social  
 3:15 Table Games & Trivia

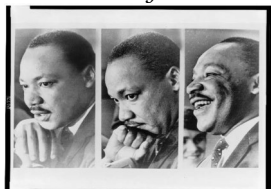
**12**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Scrabbled  
 11:15 Dice Games  
 12:00 Lunch  
 1:00 Aboriginal Dot Painting  
**2:00 Bill Cagley Concert**  
 2:45 Afternoon Social  
 3:15 Table Games & Trivia

**13**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Trivia Toss  
 11:15 Hangman  
 1:00 Movie & Popcorn  
     "Walk the Line"  
 1:00 King's Card Club  
**2:45 Ann R's Birthday Bash**  
 3:15 Table Games & Trivia

**14**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Australian Trivia  
 11:00 Mer Kai Game  
 12:00 Lunch  
 1:00 Hangman  
 2:00 Bean Bag Toss  
 2:45 Afternoon Social  
 3:15 Table Games & Trivia

**15**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
**10:00 Nurse's Corner**  
 11:00 Fit Bodies Exercise  
 11:30 Fact or Crap  
 12:00 Lunch  
 1:00 Crafts with Paula  
 2:00 Bingo  
 2:45 Afternoon Social  
 3:15 Table Games & Trivia

**18**  
**\*\*\* CLOSED \*\*\***  
**Martin Luther King Jr Day**

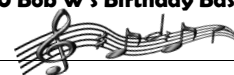


**19**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
**10:30 Participant Council**  
 11:30 Horse Shoes  
 12:00 Lunch  
 1:00 Crafts w/ Paula  
 2:00 Bowling  
 2:45 Afternoon Social  
 3:15 Table Games & Trivia

**20**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Crosswords  
 11:15 Civil War Trivia  
**12:00 Walleye Dinner**  
 1:00 Pictionary  
 2:00 Progressive Bingo  
 2:45 Afternoon Social  
 3:15 Table Games & Trivia

**21**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Word Games  
 11:00 Balloon Toss  
 11:15 Yahtzee  
 12:00 Lunch  
 1:00 Movie & Popcorn  
 1:00 King's Card Club  
 2:45 Afternoon Social  
 3:15 Table Games & Trivia

**22**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Ever Changing Words  
 11:00 Bulls Eye Game  
 1:00 Crafts with Paula  
 1:00 Ladder Ball  
**2:00 GNU Woodwind Quintet Concert**  
**3:00 Bob W's Birthday Bash**



**25**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Who Wants to be A Millionaire  
 11:00 Darts  
 12:00 Lunch  
 1:00 Movie & Popcorn  
 2:45 Afternoon Social  
 3:15 Table Games & Trivia

**26**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Dumb State Laws  
 11:00 Bulls Eye Game  
 12:00 Lunch  
 1:00 Crafts w/ Paula  
 2:00 Bean Bag Toss  
 2:45 Ice Cream Social  
 3:15 Table Games & Trivia

**27**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Big Word Little Word  
 11:00 Horse Racing  
 12:00 Lunch  
**1:00 Dietician's Corner**  
 2:00 Putting Green  
 2:45 Afternoon Social  
 3:15 Table Games & Trivia

**28**  
 8:30 Morning Coffee Hour  
 9:45 News and Views  
 10:00 Fit Bodies Exercise  
 10:30 Who, What, Where  
 11:00 Disc Slam  
 12:00 Lunch  
 1:00 A Look Back at 1966  
 2:00 Bingo  
 2:45 Afternoon Social  
 3:00 Table Games & Trivia

**29**  
 8:30 Morning Coffee Hour  
 10:00 Fit Bodies Exercise  
 10:30 Jeopardy  
 11:00 Sing-a-Long  
 12:00 Lunch  
 1:00 Crafts with Paula  
**1:30 Load- Zoomobile Bldg #19**  
 2:00 Documentary  
 3:00 Afternoon Social  
 3:15 Table Games & Trivia